

Become a Red Cross Instructor

Become a Red Cross instructor and be part of an elite team that delivers lifesaving health and safety training under the most recognized and trusted symbol in the world. Whether you are a current instructor in wilderness first aid, or you are interested in becoming an instructor for the Red Cross course, you'll enjoy training opportunities that help expand your teaching skills and technical expertise. Your local Red Cross chapter can provide additional information on prerequisites and skill requirements for instructor courses.

Learn How to Save a Life...and Earn CEUs in the Process

The American Red Cross is an approved provider of continuing education units (CEUs) through the International Association for Continuing Education and Training (IACET). Upon successful completion of training courses through the American Red Cross, CEUs may be obtained online at RedCrossStore.org.



Get Started Today

To schedule Wilderness and Remote First Aid training or to request additional information, contact your local Red Cross chapter. You can find your local chapter by visiting RedCross.org and entering your ZIP code in the chapter locator box. To order training materials, contact your local chapter, visit ShopStayWell.com or call (800) 667-2968.

Visit InstructorsCorner.org/RedCross for tools and resources to enhance health and safety training and streamline administrative duties for instructors.



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Wilderness and Remote First Aid



- Teaches skills for responding to emergencies in wilderness and remote environments
- Based on the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines*
- Offers enhanced content and topics to meet OSHA's *Best Practices for Workplace First Aid Training Programs*



A CENTURY OF EXCELLENCE IN FIRST AID

Training for Emergencies in Wilderness and Remote Environments



Whether you're a scout, an outdoor enthusiast or you work in a remote environment, our Wilderness and Remote First Aid course gives you the skills you need to respond to an emergency when help may be delayed. This 16-hour course is based on the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines*. The course also offers enhanced content and topics to meet OSHA's *Best Practices for Workplace First Aid Training Programs*—particularly important for occupational environments that are impacted by federal regulations.

The American Red Cross program offers flexibility for organizations and their instructors to adapt the course to varying environments. To ensure participants are prepared to respond in wilderness and remote environments, major portions of the course are designed to be taught in an outdoor setting. **Course participants must be at least 14 years of age and possess current certification in adult CPR/AED.**

Wilderness and Remote First Aid Course Highlights

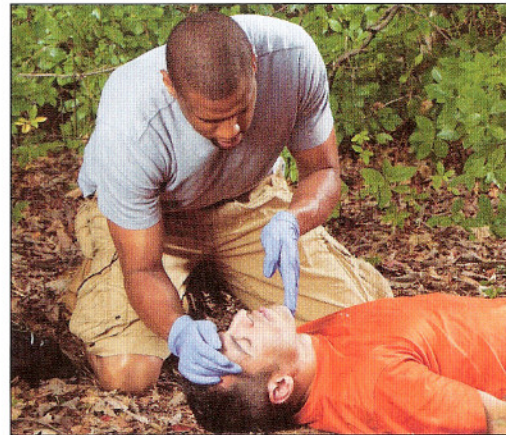
Course Content

To prepare participants to give care for potentially life-threatening injuries when EMS response may be an hour or more away, the Red Cross Wilderness and Remote First Aid course covers the following topics:

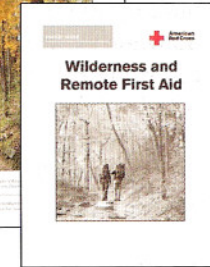
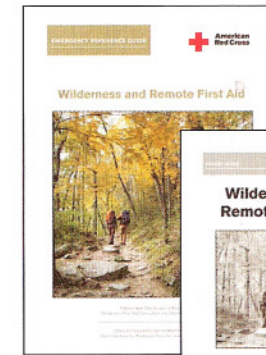
- Head (Brain), Neck and Spinal Injuries
- Heat-Related Emergencies
- Hypothermia
- Altitude-Related Illnesses
- Allergies and Anaphylaxis
- Burns
- Bone and Joint Injuries
- Wounds and Wound Infection

Course Prerequisite: Adult CPR/AED Training

A current certification in adult CPR/AED is required for participation in our Wilderness and Remote First Aid course. If you are not currently certified in CPR/AED, contact your local Red Cross chapter to enroll.



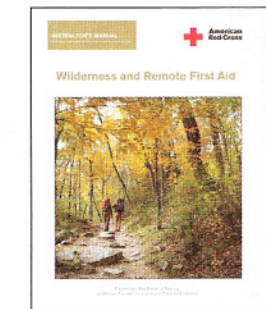
Outstanding Participant Materials



Course participants receive the *American Red Cross Wilderness and Remote First Aid Emergency Reference Guide*, a full-color manual designed for use in the class and as an important reference after training is complete.

Participants also receive a handy fold-out first aid pocket guide for reference in the field. This compact lightweight guide is weather- and tear-resistant and fits easily into a pocket of a shirt, cargo pants or a backpack.

Comprehensive Instructor's Manual



The *American Red Cross Wilderness and Remote First Aid Instructor's Manual* features clear, concise lesson plans organized to simplify instructor preparation time and effort.

The manual includes practical advice for conducting parts of the training in an outdoor instructional environment, as well as realistic scenarios to aid decision making and leadership development while applying wilderness first aid knowledge and skills.

