

ENERGY CIRCUITS AROUND THE BODY

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The energy vibration levels in the front, back and around the brain have to do with the ability of your body to draw from its battery reserve needed to function daily and also to heal. It also has a lot to do with emotional stability. If these vibration levels are low (below 100) you will not be able to function at your peak. You will always be trying to find some way to pull up your energy to make you feel better.

BRAIN BALANCING WITH FRANKINCENSE and SANDALWOOD BRAIN ENERGY BALANCE:

Apply frankincense and Sandalwood to the palm of the dominant hand, mix clockwise with the index finger. Apply a dot to the bridge of nose, crown of head (flat spot) and locus coeruleus (the bump on the back of the head directly in the middle)

Right hand: Place the right little finger on pituitary (between eyebrows), right thumb on flat spot on the top of head.

Left hand: Place thumb on locus coeruleus (the bump on the back of the head where the skull meets the neck). It is about 1" up from the hairline in the middle of the skull at the base.

Left hand little finger on the crown of the head.

Let fingers touch the right thumb and the left little finger at the crown. Hold the hands together on all these points for 1-3 minutes. The less energy you have the longer you have to hold this. Most people will have a vibration of under 100, some as low as 2 or 3. If you can hold it until you feel a pulse in your fingers it will raise your energy higher. If you can't feel the pulse let go in 3 minutes. Eventually you should be able to feel the pulse.

FRONT ENERGY BALANCE:

Apply lavender to the dominant palm of hand, mix clockwise. Apply to thyroid (base of throat between collar bones) and pubic bone point (the bone below the belly button)

Put right hand thumb on thyroid, **left hand little finger** on pubic bone

Keep the other fingers from touching the body. Just touch with the thumb and little finger.

BACK ENERGY BALANCE:

Apply **gathering** to locus coeruleus (skull bump) and tailbone

Hold the **right hand** little finger on tail bone

Left hand thumb on locus coeruleus. Let only specified fingers touch body (lift other fingers)

When to apply:

Every morning. Hold 1-3 minutes

Every time your energy drops and your brain is not doing what you want to.

If you have ANY sodas with artificial sugar, any gum with artificial sugar, or any kind of food with artificial sugar, toothpastes, etc. The artificial sugar of nutrasweet, aspartame will immediately drop the energy of the brain and body to nearly 0 or below 0. Chemicals and artificial ingredients in foods will also drop the brain and body's energy fields.

ESSENTIAL OILS FOR MORE SUPPORT

WHITE ANGELICA: Spiritual Protection, Protection for Spirit

Put 2-4 drops in your dominant palm. Activate with index finger by mixing clockwise. Then apply a drop to the temples, under ears and on the base of the neck.

Then take what is left and rub on both shoulders. Then with the oil still on your hands run both hands over the front of the head and the back, then down your back side and your front side, just lightly touching the clothes. This essential oil is so powerful that just touching your body with what is left on your hands will affect the human aura and put an energetic shield around the body.

EN R G energy oil. Apply 4-5 drops up the spine. Just rub it in on the spine and the sides of the spine. Do this anytime you are not feeling full, top energy.

Observations:

When a person is using products such as petrochemical shampoo, soaps, conditioners, make up, chap stick, chemical food, and chemical toothpastes the vibrational energy of the brain will drop instantly from 100-600 to 2-3. This is phenomenal and gives credence to why using chemical free products on our whole bodies is so important.

In our brain camp we test these vibrational energies daily. We found that after the brain was balanced and the energy brought up to 300-400 and petrochemical based chapstick was applied the brain's vibrational energy fell to 2.

The same thing happened when another person had done the energy balance and then chewed gum with chemical aspartame in it. She was unable to accurately test and sense energy in testing and her brain vibration dropped to 3.

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